



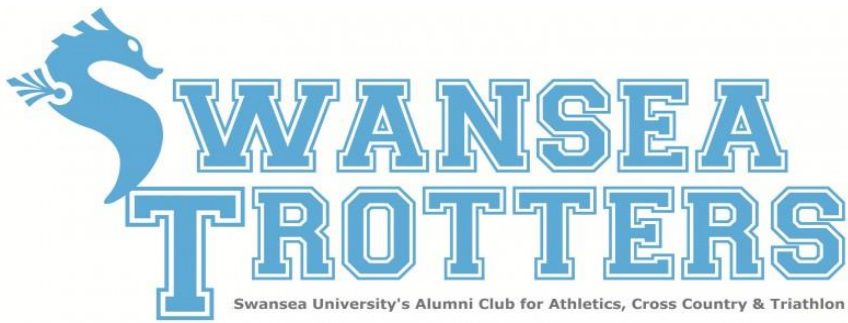
MARINA 5KM RUN

sponsored by
**BLACK
HEAD**
COMPRESSED ENERGY GUM

Position	Race Number	Name	Athletics Club	Time
1	58	Ash Harper	Swansea Trotters	16:28:00
2	180	Sander Vaher	Swansea University	16:30:00
3	12	Richard Copp	Unattached	16:46:00
4	4	Lewis Banner	Swansea Trotters	16:50:00
5	7	Tom Bowerman	Swansea Trotters	16:58:00
6	3	Gareth Ayres	Port Talbot Harriers	17:05:00
7	72	Eamonn Kirk	Swansea Harriers	17:17:00
8	77	Sam Llewellyn	Swansea University	17:51:00
9	90	Verity Ockenden	Swansea University	17:59:00
10	48	James Greene	Swansea Trotters	18:29:00
11	98	Andrew Charles	Port Talbot Harriers	18:36:00
12	91	Tom O'Sullivan	Swansea University	18:38:00
13	8	Jordan Braddock	Swansea University	18:42:00
14	125	Alec Vessey	Swansea University	18:48:00
15	13	Brad Courtney Pinn	Unattached	18:52:00
16	14	Ben Cross	Swansea University	19:02:00
17	158	James Dean	Unattached	19:08:00
18	100	Stephen Richards	Swansea Trotters	19:09:00
19	99	Jacob Pope	Swansea University	19:10:00
20	73	Sam Knowles	Swansea Trotters	19:14:00
21	103	Michael Roderick	Swansea Harriers	19:17:00
22	128	Oliver Webb	Swansea University	19:17:00
23	150	Milton Cole	Unattached	19:18:00
24	119	Nils Swindell	Unattached	19:20:00
25	105	Alex Ruddy	Unattached	19:32:00
26	89	Terry O'Brien	Unattached	19:33:00
27	177	Arwel Davies	Unattached	19:37:00
28	157	Emily Relton	Swansea University	19:39:00
29	133	Alex Williams	Port Talbot Harriers	19:48:00
30	141	Jim Chapman	Unattached	19:48:00
31	62	Steve Jones	Swansea Trotters	19:54:00
32	18	Mark Darch	Swansea University	19:54:00
33	36	Colin Elvins	Espressos	20:01:00
34	146	Paul Lewis	Swansea Harriers	20:07:00
35	40	Patrick Foley	Unattached	20:11:00
36	110	Matthew Shephard	Swansea University	20:12:00
37	57	Kristo Holm	Swansea University	20:24:00
38	183	Daniel Winters	Unattached	20:29:00
39	118	Gareth Stratton	Unattached	20:36:00
40	84	Rebecca Miller	Swansea University	20:39:00
41	112	Martin Slucutt	Swansea Harriers	20:45:00
42	92	Paddy Over	Swansea University	20:47:00
43	63	Stu Jones	Swansea University	20:58:00
44	140	Jamie Samson	Unattached	21:05:00
45	80	John Marson	Unattached	21:10:00
46	30	Antoinette Dumayne	Swansea University	21:21:00
47	121	Fergus Thompson	Swansea University	21:24:00
48	41	Hayden Foster	Swansea University	21:31:00

49	116	Chloe Stening	Swansea University	21:49:00
50	149	Chris Watkins	3Ms	21:51:00
51	115	Marcus Stanway-Williams	Swansea University	21:54:00
52	24	Dylan Davies	Swansea University	21:58:00
53	1	Harry Adams	Unattached	22:00:00
54	27	Helen Davies	Swansea Harriers	22:03:00
55	49	Michelle Grey	Swansea Trotters	22:07:00
56	148	Mike Winch	Unattached	22:17:00
57	163	Oliver Henry	Swansea University	22:21:00
58	55	Fran Hayward	Swansea University	22:22:00
59	130	Joe White	Unattached	22:24:00
60	39	Tom Walker	Unattached	22:26:00
61	139	Tyler Zammit	Unattached	22:38:00
62	86	Ellie Morgan	Swansea Trotters	22:48:00
63	6	Aimee Bowen	Swansea University	22:53:00
64	161	Gary Clives	Unattached	22:54:00
65	176	Sanchez Simpson	Unattached	23:11:00
66	94	Steven Perks	Run4all Neath	23:15:00
67	50	Jens Hansen	Unattached	23:17:00
68	31	Louise Edington	Swansea University	23:36:00
69	169	Jenny NcAdie	Unattached	23:39:00
70	20	Dean David	Celtic Tri	23:55:00
71	143	Adele O'Conner	Unattached	23:59:00
72	124	Joel Valcic	Swansea University	24:06:00
73	38	Jamie Ferguson	Unattached	24:06:00
74	174	Andrew Brown	Unattached	24:19:00
75	34	Rachel Edworthy	Swansea University	24:21:00
76	16	Andrew Croucher	Swansea Trotters	24:24:00
77	147	Gwen Smith	3Ms	24:29:00
78	164	Conor Seabrook	Unattached	24:44:00
79	168	Joel Taylor	Unattached	24:46:00
80	179	Dustin Kennedy	Swansea Harriers	24:54:00
81	188	Danny Lowe	Unattached	25:12:00
82	64	Elizabeth Jones	Espressos	25:12:00
83	32	Sophie Edmead	Swansea University	25:24:00
84	165	Charlie Giooard	Unattached	25:29:00
85	162	Mark Watts	Unattached	25:34:00
86	44	Chris Francis	Swansea Trotters	25:46:00
87	87	Emma Nehemiah	Espressos	25:53:00
88	70	Penny Kennedy	Swansea Harriers	25:59:00
89	61	Jules Jones	Run4all Neath	26:29:00
90	10	Stacy Capner	Unattached	26:38:00
91	45	Deri Galvin	Unattached	27:02:00
92	144	Helen Mills	Unattached	27:05:00
93	52	Alenca Harrington	Swansea Trotters	27:12:00
94	160	Charlie Winn	Unattached	27:15:00
95	172	Susie Ross	Unattached	27:18:00
96	56	Anke Heuberger	Unattached	27:23:00
97	135	Julie Williams	Espressos	27:23:00
98	93	Dai Thomas	Unattached	27:25:00
99	189	Cameron Stuart	Unattached	27:31:00
100	166	Rachel Watson	Unattached	27:34:00
101	66	Rhian Jones	Unattached	27:54:00
102	182	Claudio Donofoio	Unattached	27:54:00
103	85	Caroline Monteil	Unattached	27:55:00
104	111	Ka Ching Siu	Unattached	28:13:00
105	167	Henry Davis	Unattached	28:14:00
106	104	Amy Rowland	Unattached	28:28:00
107	175	Joanna Huges-Dowdle	Unattached	28:35:00

108	142	Lowenna Sharpe	Unattached	29:15:00
109	37	Pernille Eriksen	Unattached	29:53:00
110	187	Lucy Renoylds	Swansea University	29:54:00
111	131	Caroline Whittle	Swansea University	30:01:00
112	71	Michael Kingston	Unattached	30:02:00
113	28	Emma Dawson	Unattached	30:24:00
114	159	Lauren Griffin	Unattached	30:48:00
115	5	David Bould	Unattached	30:50:00
116	170	Emma Ferguson	Unattached	30:57:00
117	65	Mark Jones	Unattached	31:05:00
118	154	Delwth Rucarean	Unattached	31:09:00
119	95	Liz Perks	Run4all Neath	31:11:00
120	178	Bernardette Stratford	Unattached	31:22:00
121	132	Angharad Wilkins	Unattached	31:24:00
122	97	Julia Perry	Run4all Neath	32:17:00
123	129	Deb Webber	Unattached	32:20:00
124	122	Christine Tidy	Unattached	32:24:00
125	23	Tracey Davies	Run4all Neath	32:42:00
126	22	Russell Davies	Run4all Neath	32:47:00
127	181	Malcolm Bullough	Swansea Trotters	33:05:00
128	69	Rebecca Kelleher	Unattached	33:12:00
129	53	Michala Harris	Swansea University	33:18:00
130	11	Sian Chess	Unattached	33:57:00
131	120	Alison Thomas	Sosban Road Runners	33:57:00
132	46	Claire Gardner	Unattached	35:44:00
133	156	Alison Darlington	Unattached	35:47:00
134	171	Loelle Robson	Unattached	35:50:00
135	78	Kelly Mackintosh	Unattached	36:50:00
136	151	Claire Barnes	Unattached	36:50:00
137	145	Melitta McNarry	Unattached	36:50:00
138	155	Siara Lloyd	Unattached	38:51:00
139	117	Paula Stockley	Gorseinon Road Runne	38:57:00
140	173	Valarie Mills	Unattached	40:12:00
141	185	Adam Schwartz	Unattached	40:25:00
142	54	Sarah Harry	Unattached	41:43:00
143	153	Sharon Davies	Unattached	41:43:00
144	186	Sam Schwartz	Unattached	43:10:00
145	184	Andrea Schwartz	Unattached	43:11:00
146	126	Felicity Wagstaff	Unattached	43:45:00
147	67	Deborah Jones	Unattached	43:45:00
148	152	Katherine Roberts	Unattached	52:26:00



Swansea Trotters vs. Swansea University Mens Race	Points
Swansea Trotters (1,3,4,6)	13
Swansea University (2,5,7,8)	22

Swansea Trotters vs. Swansea University Womens Race	Points
Swansea University (1,2,3)	6
Swansea Trotters (6,8,13)	27

Overall team results - Mixed teams	Points
Swansea Trotters (1,4,5,10)	20
Swansea University (2,8,9,12)	31
Swansea Harriers (7,21,34,41)	103
Espresso (33,82,87,97)	299
Run4all Neath (66,89,119,122)	396