



MARINA 5KM RUN



Position	Number	Name	Gender	Time	Club
1	80	Jack Gooch	M	15:50	Swansea University
2	94	Ash Harper	M	15:59	Swansea Trotters
3	208	Owen Stepney	M	16:00	Swansea University
4	35	Richard Copp	M	16:09	Swansea Harriers
5	18	Tom Bowerman	M	16:14	Swansea Trotters
6	230	Alec Vessey	M	16:44	Swansea University
7	4	Gareth Ayres	M	16:45	Port Talbot Harriers
8	141	Sam Llewellyn	M	16:55	Swansea University
9	23	Michael Bryant	M	17:05	Swansea Harriers
10	183	Matthew Rees	M	17:18	Unattached
11	65	Mike Evans	M	17:26	Llanelli AC
12	57	Sian Edwards	F (1 st)	17:33	Swansea Trotters
13	181	Raul Reismann	M	17:35	Swansea Harriers
14	178	Jacob Pope	M	17:44	Swansea Trotters
15	165	Peter Osborne	M	17:51	Llanelli AC
16	42	Sam Crossley	M	17:54	Swansea University
17	48	Dylan Davies	M	18:06	Swansea University
18	238	Oliver Webb	M	18:09	Swansea University
19	82	Ben Granville	M	18:17	Swansea Trotters
20	19	Jordan Braddock	M	18:28	Swansea Trotters
21	6	Emma Baxter	F (2 nd)	18:48	Swansea University
22	166	Tom O'Sullivan	M	18:49	Swansea University
23	10	Jamie Best	M	18:51	Sospan Road Runners
24	198	Nicholas Sheehan	M	18:55	Llanelli AC
25	241	Alex Williams	M	18:55	Port Talbot Harriers
26	16	Stuart Booker	M	19:00	Swansea University
27	52	Arwel Davies	M	19:14	Unattached
28	73	Tom Frake	M	19:15	Swansea Trotters
29	17	Alice Tennant	F (3 rd)	19:23	Swansea University
30	246	Alex Wilson	M	19:24	Unattached
31	7	Wayne Bengier	M	19:25	Unattached
32	161	Bradley Olliver	M	19:29	Unattached
33	154	Rebecca Miller	F	19:31	Swansea University
34	135	Christopher Lewis	M	19:40	Run4all
35	101	Kristo Holm	M	19:40	Swansea Trotters
36	251	Cameron License	M	19:40	Unattached
37	196	Tom Seabury	M	19:40	Swansea University
38	116	Ian Jones	M	19:48	Run4all
39	75	Eduardo Garcia Thomas	M	19:48	Unattached
40	67	Bethan Everson	F	19:52	Swansea University



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41	143	Jordey Logan	M	19:53	Unattached
42	160	Terry O'Brien	M	19:56	Unattached
43	122	Stuart Jones	M	20:02	Swansea University
44	186	Stephen Richards	M	20:07	Swansea Trotters
45	204	Martin Slucutt	M	20:09	Swansea Harriers
46	103	Joseph Howarth	M	20:14	Unattached
47	28	Graham Vyner	M	20:15	Unattached
48	199	Matthew Shephard	M	20:18	Swansea University
49	225	Megan Turner	F	20:19	Swansea University
50	232	Faye Wagenbrenne	F	20:26	Swansea University
51	51	Rhys Davies	M	20:29	Unattached
52	1	Rachel Arnold	F	20:31	Swansea Trotters
53	153	Cassandra Miles	F	20:33	Run4all
54	127	Lee Jones	M	20:34	Unattached
55	201	Sam Shingler	F	20:56	Unattached
56	102	Chris Hopkins	M	21:04	Unattached
57	84	Michelle Grey	F	21:05	Swansea Trotter
58	174	Pille Pedmanson	F	21:06	Swansea Trotters
59	184	Emily Relton	F	21:06	Swansea Trotters
60	155	Harvey Miller	M	21:12	Swansea University
61	63	Julia Wallis	F	21:19	Swansea Harriers
62	26	Tim Butt	M	21:25	Swansea Trotters
63	137	Berwyn Lewis	F	21:26	Unattached
64	217	Andrew Thomas	M	21:26	3M Gorseinon
65	179	Alex Powell	M	21:29	Unattached
66	224	Jason Trueman	M	21:33	Unattached
67	240	Christopher Wilding	M	21:35	Swansea Trotters
68	191	Oli Ford	M	21:37	Unattached
69	167	Paddy Over	M	21:45	Swansea Trotters
70	43	Chloe Crossman	F	21:54	Swansea University
71	44	Andrew Croucher	M	22:04	Swansea Trotters
72	151	Rory McHugh	M	22:06	Unattached
73	77	Tom Garrard	M	22:10	Unattached
74	193	Callum Rowe	M	22:14	Swansea University
75	118	Mark Jones	M	22:16	Run4all
76	24	Unknown	M	22:22	Unattached
77	95	Vanessa Harragan	F	22:26	Swansea Harriers
78	86	Jane Griffiths	F	22:28	Unattached
79	2	Myat Aye	M	22:31	Unattached
80	59	Sam Eley	M	22:39	Swansea Trotters
81	99	Richard Hillier	M	22:40	Unattached
82	229	Joshua Vallance	M	22:42	Unattached
83	250	Anna Zasheva	F (18 th)	22:44	Unattached



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84	221	Lewis Tomlins	M	23:13	
85	195	Peter Savidge	M	23:28	
86	9	Linda Bergamaschi	F	23:33	
87	242	Claire Williams	F	23:38	
88	134	Lee Kwok	M	23:49	
89	27	James Chambers	M	23:50	
90	34	Amy Cooper	F	23:53	
91	56	Louise Edington	F	24:00	Swansea Trotters
92	79	Helen Glasby	F	24:02	Swansea University
93	131	Elinor King	F	24:03	
94	113	Thomas Johnson	M	24:22	
95	215	Jenni Thomas	F	24:27	
96	45	Rhodri Dalton	M	24:39	
97	228	Joel Valcic	M	24:41	Swansea University
98	182	Sara Reed	F	24:51	
99	235	Rhiannon Wallace	F	25:03	Swansea University
100	231	Sian Wadham	F	25:04	
101		Unknown	M	25:05	
102	31	Bridie Coleman	F	25:22	
103	78	Andrew Gill	M	25:29	
104	234	Kate Waite	F	25:54	Swansea Trotters
105	96	Alenca Harrington	F	26:00	Swansea Trotters
106	83	John Greenhill	M	26:04	
107	218	Caroline Thomas	F	26:04	
108	29	Kieran Charlett	M	26:04	
109	70	Zoe Florence	F	26:19	
110	76	Lara Garijo Labanda	F	26:29	
111	129	April Kelly	F	26:39	
112	149	Lexine Maughfling	F	26:39	
113	211	Abby Thomas	F	26:40	
114	130	Claudia Kemsley	F	26:52	
115	220	Rebecca Todman	F	26:55	
116	216	Angharad Thomas	F	27:03	
117	98	Gemma Harris	F	27:11	Run4all
118	120	Kevin Jones	M	27:35	
119	200	Olivia Sherman	F	27:43	
120	172	Emma Peacock	F	27:49	
121	54	Jodie Denniss	F	28:03	
122	49	Paul Davies	M	28:12	
123	125	Michael Jones	M	28:31	
124	187	Darren Richards	M	28:37	
125	203	Lisa Slee	F	28:37	
126	41	Cath Crosby	F	28:41	



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127	38	Tessa Craver	F	28:55	
128	81	Samantha Gosper	F	28:57	
129	8	Sarah Benktander	F	28:58	
130	128	Angelique Karditzas	F	29:09	
131	233	Josie Wainwright	F	29:19	
132	85	Emma Griffiths	F	29:48	
133	145	Swapnil Mali	F	29:48	
134	74	Catherine Friar	F	30:00	
135	97	Michala Harris	F	30:06	Swansea Trotters
136	207	Sarah Stanton	F	30:08	
137	189	Llinos Davies	F	30:15	
138	115	Maxine Jones	F	30:18	
139	89	Non Gwynn	F	30:19	
140	248	Joanna Wolton	F	30:27	
141	53	Caroline Davies	F	30:39	
142	50	Fflur Davies	F	30:41	
143	177	Teleri Phillips	F	30:42	
144	40	Laura Cronin	F	30:50	
145	15	Christopher Bodley	M	30:56	
146	33	Amanda Cooper	F	31:11	
147	236	Megan Watkins	F	31:12	
148	144	John Lovegrove	M	31:29	
149	107	Jay-dee Jefferies	F	31:31	
150	245	Paula Diane Wilson	F	31:41	
151	61	Mark Davies	M	31:42	
152	14	Ceri Beynon	F	31:43	
153	158	Claire Morgan	F	32:13	
154	146	Lois Keen	F	32:35	
155	30	Rebekah Chatfield	F	32:59	
156	170	Eileen Padfield	F	33:08	
157	111	Kelly Jervis	F	33:13	
158	249	Mhairi Wotherspoon	F	33:32	
159	108	Ellen Jefford	F	33:57	
160	25	Camilla Butler	F	33:58	
161	222	Alison Tomlins	F	34:12	
162	205	Kanny Smith	F	34:32	
163	3	Natalie Ayers	F	34:39	
164	5	Carol Bale	F	35:24	
165	213	Geraldine Thomas	F	35:24	
166	87	Nora Grosber	F	35:55	
167	37	Joan Coughlan	F	36:17	
168	219	Anna Thomas	F	36:58	
169	91	Llinos Haf	F	36:58	



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170	173	Louise Peck	F	37:22	
171	72	Sue Ford	F	37:22	
172	119	Teresa Jones	F	38:01	
173	209	Paula Stockley	F	38:01	3M Gorseinon