



# MARINA 5KM RUN

Position	Number	First Name	Last Name	Gender	Time	Club/Team
1	243	Ben	Pease		15:57	
2	32	TOM	BOWERMAN		16:11	
3	325	Alec	Vessey		16:29	
4	297	Owen	Stepney		16:34	
5	13	Lewis	Banner		16:37	
6	52	Bradley	Courtney-Pinn		16:45	
7	236	Verity	Ockenden		16:53	
8	70	Chris	Davies		16:55	
9	9	Joshua	Avenell		17:02	
10	254	Alex	Price		17:04	
11	137	Ashleigh	Harper		17:15	
12	142	Tristan	Hearsey		17:38	
13	163	Caryl	Jones		17:40	
14	8	Adam	Atkinson		17:44	
15	334	Oliver	Webb		17:55	
16	120	James	Greene		18:25	
17	213	Lewis	Marshall		18:30	
18	184	Steven	Jones		18:33	
19	62	Dylan	Davies		18:36	
20	29	Stuart	Booker		18:40	
21	156	Joseph	Hutchesson		18:43	
22	144	Mathew	Hendery		18:53	
23	332	Tomos	Watson		18:55	
24	197	Joshua	Lawless		18:56	
25	234	James	Norman		19:11	
26	118	Ben	Granville		19:16	
27	7	Cayo	Arran		19:23	
28	207	Chris	Lloyd		19:32	
29	221	Harvey	Miller		19:34	
30	92	Stephen	Evans		19:38	
31	348	Alex	Wilson		19:40	
32	150	Kristo	Holm		19:47	
33	56	Andrew	CROUCHER		19:48	
34	262	Emily	Relton		19:56	
35	125	Tom	Griffiths		20:01	
36	324	NICK	VENABLES		20:10	
37	169	Stuart	Jones		20:12	
38	235	Terry	O'Brien		20:21	
39	319	Ben	Tomlinson		20:21	
40	80	Antoinette	Dumayne		20:29	
41	260	Nye	Rees		20:32	
42	271	Rhys	Roberts		20:37	
43	104	Tom	Frake		20:39	
44	220	Rebecca	Miller		20:40	
45	102	Nick	Fordham		20:43	
46	54	Rhys	Cross		20:50	
47	244	Pille	Pedmanson		20:55	



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48	89	Rachel	Evans		20:58	
49	291	Martin	Slucutt		21:12	
50	146	Olivier	Henry		21:12	
51	290	Christopher	Simons		21:16	
52	181	Richard	Jones		21:18	
53	1	Liam	Allcock		21:20	
54	252	Alex	Powell		21:27	
55	115	Abigayle	Goodrick-Latham		21:29	
56	206	Ioan	Llewellyn		21:32	
57	337	Joe	White		21:50	
58	226	Eleanor	Morgan		21:57	
59	328	Rhiannon	Wallace		22:00	
60	310	Daniel	Thomas		22:08	
61	175	Martin	Jones		22:20	
62	57	Claire	Cuddihy		22:21	
63	351	Anna	Zasheva		22:25	
64	174	Andrew	Jones		22:29	
65	38	Emma	Bundle		22:31	
66	40	Eve	Carless		22:35	
67	270	Adam	Ridley		22:37	
68	238	Danny	Owen		22:37	
69	73	Lucy	Deering		22:46	
70	23	Jemma	Bennett		22:53	
71	31	Lucy	Boucher		22:57	
72	335	Chris	Webb		23:04	
73	50	Amy	Cooper		23:07	
74	341	Alex	Williams		23:09	
75	185	Christopher	Jones		23:10	
76	72	Christopher	Davies-Hart		23:16	
77	180	Caroline	Jones		23:30	
78	296	Will	Spriggs		23:41	
79	322	Joel	Valcic		23:49	
80	74	Orestis	Delardas		23:52	
81	65	Marcus	Davies		24:08	
82	12	Christina	Ball		24:16	
83	159	Matt	ILES		24:26	
84	217	Amy	McNeill		24:27	
85	35	Max	Bravery		24:34	
86	211	Ross	Macdonald		24:49	
87	30	David	Boucher		24:51	
88	47	Iosif	Chronopoulos		24:56	
89	34	Jack	Bravery		24:56	
90	22	Mark	Beech		25:00	
91	255	Sam	Price		25:09	
92	294	Tash	Smith		25:16	
93	288	Matthew	Shepherd		25:41	
94	161	Graham	John		25:47	
95	323	Joshua	Vallance		25:50	



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96	6	Christopher	Anagnostopoulos	25:53
97	338	Laura	Williams	25:56
98	198	Haley	Lawton	25:59
99	143	Mitchell	Hebditch	26:00
100	90	Andy	Evans	26:06
101	111	Alice	Godding	26:19
102	43	Laura	Chapple	26:32
103	53	Katie	Craythorne	26:37
104	239	Emily	Parker	26:40
105	139	Alenca	Harrington	26:42
106	81	Emma	Dummer	26:46
107	287	Ben	Shelly	27:25
108	78	krzysztf	Dominiak	27:25
109	157	Grant	Hutchesson	27:31
110	119	Mary	Greaney	27:39
111	84	Amanda	Edwards	28:14
112	82	Louise Amber	Edginton	28:22
113	178	Johanna	Jones	28:27
114	182	Matthew	Jones	28:29
115	222	Andrew	Miller	28:30
116	232	Annamaria	Nichols	28:36
117	59	James	Curtis	28:36
118	86	Rachel	Emery	28:39
119	269	Diane	Ridgeway	28:42
120	140	Michala	Harris	28:43
121	2	Daly	Allen	28:46
122	166	Kelly	Jones	28:47
123	261	Ceri	Rees-Coe	29:01
124	158	William	Hutchesson	29:02
125	5	Neil	Amos	29:14
126	250	Leanne	Phollips	29:21
127	126	James	Griffiths	29:21
128	345	Natalie	Williams	29:34
129	272	Peter	Roberts	29:42
130	136	Caleb	Hardwick	29:53
131	167	Bethan	Jones	29:58
132	76	Nia	Dickie	30:01
133	183	Craig	Jones	30:05
134	215	Shelley	McAllister	30:09
135	249	Lisa	Phillips	30:10
136	219	Eloise	Milbourn	30:20
137	112	Emily	Godding	30:37
138	61	Poppy	Davenport	30:45
139	179	Matthew	Jones	30:46
140	229	Kirsty	Myers	30:48
141	200	Enya	Lehane	30:56
142	149	Anna	Hollister	30:56
143	295	Molly	Spencer	31:08
144	107	Sophie	George	31:08



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145	170	Maxine	Jones		31:13	
146	28	Christopher	Bodley		31:25	
147	333	Karla	Watters		31:43	
148	293	allan	smith		31:46	
149	93	Cara	Evans		32:10	
150	3	Nicholas	Ames		32:15	
151	151	Bethan	Hortop		32:15	
152	71	Bethan	Davies		32:18	
153	66	Anthony	Davies		32:21	
154	186	Marisa	Jones		32:27	
155	301	Natasha	Surfield		32:30	
156	241	Andrea	Parker		32:41	
157	303	Collette	Taylor		32:45	
158	309	Cerys	Thomas		33:04	
159	110	Stephen	Godden		33:13	
160	63	Tracey	Davies		33:37	
161	196	Megan	Larkin		34:02	
162	259	racheal	rees		34:04	
163	242	Sophie	Peacock		34:05	
164	279	Rebecca	Russell		34:06	
165	224	Matthew	Moores		34:13	
166	344	Elise	Williams		34:13	
167	214	Kelly	McAllister		34:15	
168	245	Victoria	Perrott		34:17	
169	79	Joanne	Dorgan		34:38	
170	210	kevin	lowry		34:45	
171	188	Varaidzo	Kamhunga		35:00	
172	11	Carol	Bale		35:08	
173	289	Alison	Shepherd		35:27	
174	306	Geraldine	Thomas		35:35	
175	15	Hannah	Barnes		35:35	
176	95	Laura	Evans		35:35	
177	88	Owain	Evans		35:35	
178	227	Elinor	Morris		35:35	
179	343	Sue	Williams		35:48	
180	240	Liz	Parker		35:50	
181	277	Monika	Rozanska		36:06	
182	132	Kyrah	Gwynne-Hamer		36:11	
183	133	Darren	Gwynne-Hamer		36:12	
184	105	Gillian	Furlong		36:19	
185	64	Julie	Davies		36:23	
186	51	Joan	Coughlan		36:41	
187	189	Andrew	Keen		36:46	
188	77	Steven	Ditchfield		37:00	
189	87	Sharon	Empson		37:29	
190	176	Dean	Jones		37:29	
191	24	Alison	Bennett		37:33	
192	94	Angharad	Evans		37:40	
193	113	Alys	Golding		37:50	
194	300	Nichola	Summerill		37:52	



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195	33	clare	bradwick		37:52	
196	18	Melanie	Barrow		38:17	
197	203	Simon	Lewis		38:38	
198	302	Anna	Szulc		38:51	
199	283	Si��n	Scourfield		38:57	
200	209	Cerys	Lloyd		38:57	
201	321	Michelle	Turner		39:00	
202	127	Leanna	Griffiths		39:01	
203	69	Jen	Davies		39:19	
204	192	Stine	Kiran		40:50	
205	134	Victoria	Hackett		40:53	
206	304	johannah	Thomas		40:53	
207	195	Margaret	Lake		43:13	
208	68	Sian	Davies		43:13	
209	246	Rhoslyn	Perry		43:24	
210	223	Katie	Moore		43:47	
211	67	Lauren	Davies		44:57	
212	347	Lisa	Williams		47:58	
213	154	Stephaine	Hudson		47:58	
214	230	Steffan	Nicholas		49:57	
215	312	Jacob	Thomas		49:57	